

Is Ibogaine Right for You?

A short, honest guide to help you understand ibogaine and whether it may be a fit.

Ibogaine is a powerful tool for interrupting addiction and easing trauma, but it is not right for everyone. This guide explains what ibogaine is, what it can help with, and the safety factors to consider before you reach out.

What is ibogaine?

Ibogaine is a naturally occurring compound found in the root bark of the iboga plant, native to West Africa. In a medical setting it is known for its ability to interrupt addiction, easing withdrawal and quieting cravings in a single, medically supervised session. It also appears to open a window of heightened neuroplasticity, making it easier to step out of old patterns.

What ibogaine can help with

- Opioid and fentanyl dependence
- Alcohol dependence
- Cocaine and methamphetamine use
- Prescription medication dependence
- Trauma and PTSD
- Treatment-resistant depression
- Emotional numbness and burnout

Ibogaine may be a good fit if

- You have tried other treatments without lasting relief
- You are ready to address the root of your struggles, not only the symptoms
- You can commit to preparation, treatment, and aftercare
- You are willing to complete full medical and cardiac screening

When ibogaine is not suitable

Because ibogaine affects the heart, it is not safe for everyone. It may be ruled out by:

- Certain heart conditions or an abnormal heart rhythm
- Some medications that cannot be safely combined with ibogaine
- Significant liver or kidney problems
- Certain other medical or mental health conditions

Our medical screening exists to catch these factors, and we will always be honest with you if ibogaine is not safe in your case.

Safety comes first

Every guest completes full medical and cardiac screening before treatment and is monitored around the clock. Ibogaine carries real cardiac risks, which is exactly why thorough screening and continuous

monitoring are non-negotiable here.

Your next step

The best way to find out if ibogaine is right for you is a free, confidential consultation. We will talk through your history and goals, answer your questions, and be honest about whether it is a good fit.